ANNUAL REPORT

Photo credit: Ray Ewing for the Vineyard Gazette

HOSPICE & PALLIATIVE CARE OF MARTHA'S VINEYARD

508-693-0189
www.hospiceofmv.org

2022

Our Team

STAFF

ADMINISTRATIVE TEAM

Cathy Wozniak, MPH, MBA, CHPCA
Executive Director

Sheri Lamoreaux
Director of Development and Communications

Anna Marden, MA
Development and Communications Associate

Melanie Devaney-Reid
Office and Volunteer Supervisor

Jocelyn Paulson
Clinical Office Assistant

Jenifer Angell
Volunteer Coordinator

Laurie Perry
Office Administrator

SUPPORTIVE CARE TEAM

Jillianne De La Hunt, JD, LICSW
Supportive Care Supervisor

Rabbi Lori Shaller
Spiritual Care Counselor

Jill Demeny, LCSW
Counselor

Amanda Zoref, LICSW
Counselor

CLINICAL TEAM

Chantale Patterson, RN, *BSN, OCN, CHPN*
Clinical Director

Lisa M. Vieira, MD
Medical Director

RN Case Managers:

Meghan Cabral, RN

Susan Nugent, RN

Nursing Staff:

Meg Carman, RN

Debra Dolliver, RN

Hospice Aides:

Nadia Pareja, CNA, HA
Hospice Aide

Meg Spokus, CNA
Hospice Aide

CONTACT US

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Email: hello@hospiceofmv.org

2022 BOARD

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Ex-Officio

Our COMMITMENT

MISSION

Our mission is to provide complementary quality hospice, palliative and bereavement services to all who are facing serious illness, grief and death. We provide personalized care at home, the hospital or extended care facilities and meet the physical, emotional, and spiritual needs of our patients and their families.

PURPOSE

Our purpose is to provide compassionate, supportive care for those facing the end of life and to comfort their loved ones.

VISION

Hospice & Palliative Care of Martha's Vineyard will be the Island's resource for end of life care available to our entire community.

Neighbors Helping Neighbors
Since 1981

WE IMAGINED AND IN 2022
WE ACHIEVED A MONUMENTAL GOAL

A Letter From THE EXECUTIVE DIRECTOR and BOARD PRESIDENT

As we look back at 2022 and reflect upon the important goals that we accomplished, we are reminded of how we got to where we are today. We imagined how we could continue to be guided by our mission to always consider the needs and demands of our community. We were inspired to grow and to provide more for our patients and families on Martha's Vineyard. After several years of planning and preparing to become hospice Medicare certified, that became a reality on September 30, 2022, along with accreditation through CHAP (Community Healthcare Accreditation Program), which requires a higher standard of care than Medicare.

Hospice and Palliative Care of Martha's Vineyard was founded 41 years ago, starting as a grassroots movement. Our offices then were housed in a trailer behind the hospital. We have come a long way from those humble beginnings. We are proud of our collective accomplishments over the years, providing not just hospice care to patients and family members, but palliative care services to those facing serious illness, and grief counseling to anyone on Martha's Vineyard suffering from a recent loss. The decision to become Medicare certified was to meet the responsibility we have to serve everyone in need of our compassionate care, and to deliver this care with the respect of patients' wishes and goals.

These achievements have been made possible through the generous support of our donors. Medicare certification does not change us nor define us. We are the same community nonprofit organization but now Medicare allows us to serve more hospice patients. We can serve anyone 65 or older wishing to access their Medicare Hospice benefit with enhancements that include coverage of medications, equipment, supplies, personal aide services and more. Our operations and staff have expanded, and all our staff live on Martha's Vineyard, making a big difference in our ability to care for our patients. Our interdisciplinary team includes nurses, counselors, social workers, administrators, nursing assistants, volunteers, a medical director, hospice physicians and office support staff, all highly qualified and committed to our work.

As we look ahead at 2023, we will continue our mission to provide quality hospice and bereavement services regardless of ability to pay to all who are facing serious illness, grief and death. We will provide personalized care at home, the hospital, or extended care facilities and meet the physical, emotional, and spiritual needs of our patients and their families. We look to our leadership, our staff, and our many loyal community donors to help us meet this challenge. In a world that continues to face obstacles, join us in helping to improve quality of life for those we serve through care, compassion, and community.

Help us IMAGINE the future and make our work possible with your support. We are deeply grateful!

Cathy S. Wozniak

Cathy S. Wozniak

Rev. Sharon Eckhardt

Sharon Eckhardt

2022: Year in NUMBERS

87
REFERRALS

45
ADMISSIONS

29
PATIENTS SUPPORTED THROUGH DEATH

11
PATIENTS DISCHARGED

86
BEREAVEMENT COUNSELING CLIENTS

(**70** COUNSELING CLIENTS FROM THE ISLAND COMMUNITY NOT CONNECTED TO A DECEASED HOSPICE PATIENT & **16** CLIENTS WHO ARE CONNECTED TO ONE OF OUR DECEASED HOSPICE PATIENTS)

27
BEREAVEMENT SUPPORT GROUP PARTICIPANTS

2022 EVENTS

Our **Supportive Care Team** held many workshops and groups throughout the year to support those experiencing loss in the community, including a 7-week **Making Meaning from Grief series** in January-February, a monthly **Men's Support Group**, a **Walking with Grief** 3-part series in October, and a virtual **Music & Memories Remembrance Event** in November.

The 28th Annual 5K Memorial Road Race was held in person in 2022 for the first time since the pandemic began. A virtual option was available, and as usual, we kicked off the day with our Kid's Fun Run! Over **350** people registered for the combined events and we were sponsored by **19** local businesses. The race raised over **$26,000**.

Our annual **Summer Soirée** was a sold out event at Farm Neck Golf Club and raised a record breaking **$284,000+** for HPCMV. The event was co-chaired by Liza May and Wiet Bachellor and included two silent auctions, a live auction, golden ticket sales, and a moving speech by Emily Coulter. Our many sponsors, volunteers and donors helped make this event a huge success!

The 12th Annual Hospice Golf Classic organized by Bud Lamoreaux took place in September and featured two rounds of golf, with **125** golfers and a luncheon, and raised a record breaking **$100,000** for HPCMV from the golf registrations, tee sponsors, "Chance to Win" tickets and a silent auction.

We wrapped up the year in fundraising events with the beloved annual **Handmade From the Heart Holiday Sale** at the Daniel Fisher House at Christmas in Edgartown, which raised over **$5,000.** Thank you to the artisans who donated goods for this sale.

**These amounts are unaudited*

The Year in PHOTOS

A runner crosses the finish line at the 28th Annual Memorial Road Race.

Many of our staff pose for a photo before dinner at the Summer Soirée.

The winning team smiles after their victory at the Golf Tournament.

THANK YOU to our VOLUNTEER of the YEAR, Liza C. May!

Our 2022 Annual Elaine Eugster Volunteer Award winner is **Liza May,** co-chair of our Summer Soirée along with Wiet Bachellor. Liza was nominated for this award by multiple staff and board members, for her leadership in coordinating our largest fundraiser of the year.

This award is granted annually in honor of Elaine Eugster to recognize a volunteer whose commitment to service and dedication to the staff, patients and mission of HPCMV transcends expectations and requirements of normal volunteer participation.

WELCOME

Jennifer Angell
Volunteer Coordinator

Jennifer Angell started her position as Volunteer Coordinator in March 2022. She is grateful to have the opportunity to recruit, train and support volunteers in contributing meaningful end-of-life care for our patients and their families.

If you are interested in volunteering for HPCMV in patient care, administrative work, or fundraising, please email jangell@hospiceofmv.org.

WELCOME

Jocelyn Paulson
Clinical Office Assistant

Jocelyn H. Paulson joined HPCMV in March 2022 as our clinical office assistant. She is responsible for organizing the flow of referrals and intake to ensure rapid and effective onboarding of new patients, and much more! Jocelyn is from Martha's Vineyard. She has three dogs and is expecting a baby with her husband in June.

Meg Spokus
Hospice Aide

Meg Spokus joined the HPCMV team in December 2022 and began to meet patients in January 2023. Her aim is to be able to meet the patients' needs and wishes, make their days easier, and moments lighter. Hospice aides help patients with their activities of daily life, and is one of the many roles of Hospice which enable dignity in honoring the wishes of patients and their families.

The Importance of Getting Hospice Care Early

Our team at Hospice & Palliative Care of Martha's Vineyard was moved by the news in February 2023 that former US president Jimmy Carter had elected to enter Hospice care. We support the Carter family's decision to choose quality of life and comfort care rather than more aggressive curative approaches to his health. We're grateful this national story has brought to light the importance of choosing hospice *early* when facing goals about health care decisions.

One of the most common misconceptions about hospice care is that it should begin when there are likely just days or weeks left in a patient's life. Many people think of going on hospice as "giving up" or they fear that it will decrease lifespan, which are dangerous false perceptions. In fact, many who choose hospice care early tend to live longer and with a higher quality of life than those with similar diagnoses who do not have hospice care in place.

Electing hospice care is the best way to bring necessary support into the home or care facility for a patient facing end of life. Hospice care has been shown to decrease stress and improve care and comfort for patients and their families. The sooner the hospice team can participate in care of the patient and family, the longer they can take advantage of the added supports.

Hospice care provided by Hospice and Palliative Care of Martha's Vineyard includes:

- Nursing visits for case management
- Medication and symptom management, supervised by a medical doctor with oversight from a Doctor of Pharmacy
- Additional help with daily life activities from certified nursing assistants and volunteers
- Psychosocial and spiritual support from social workers and spiritual care counselors
- Anticipatory grief and bereavement counseling.

Our organization is here to assist anyone facing end-of-life decisions and wanting to learn more about accessing hospice and palliative services.

Why We Need Children's Bereavement Care Education

A Sister Remembers

It was a beautiful October day. My family had returned from church. We were getting ready after lunch to go to a kid's birthday party. Before leaving, my father asked me to mail some letters in the mailbox down the street; a ritual I often did for him. My six-year-old sister pestered my parents to come along. They reluctantly agreed.

The rest of the story is tragic. While coming back and crossing the street, a car in the distance hit the accelerator instead of braking and directly hit my sister. The next morning, despite brain surgery and efforts to save her, she died. What followed in my eyes as an eight-year-old, was seeing tremendous pain and anguish suffered by my parents, family, and community of friends. I found myself suddenly alone, despite some adults who wanted to help but had no idea how to connect with a little girl and her feelings about the loss.

In my adult years, I channeled my feelings about the loss I witnessed firsthand through educational opportunities and career choices that focused on helping others. This life event eventually led me into hospice work.

I believe the loss of a child is one of the most devastating, if not the most, to a parent. Children, whether losing a parent, sibling, grandparent, or another significant person, experience loss and grief deeply too. I have been a strong advocate for reaching out to children who are grieving and need to have their unspoken grief heard. I am most pleased that Hospice and Palliative Care of Martha's Vineyard is now adding children's bereavement to our counseling services.

We are extremely grateful to the **Martha's Vineyard Community Foundation** for awarding a grant to provide childhood bereavement training to further education of our counselors in this specialized area.

Thank you for allowing me to share my story. Grief is a forever thing. There isn't a day that goes by that I don't think of my sister.

Cathy Wozniak
Executive Director, HPCMV

Cathy and her sister Donna Lee.

2022 GRANTS

Martha's Vineyard Hospital
$50,000
Hospice and Palliative Care Project Outreach

Martha's Vineyard Community Foundation, Inc.
$9,831
Child and Adolescent Bereavement Education for HPCMV Clinicians

Cape and Islands United Way
$9,752
Respite Care Program

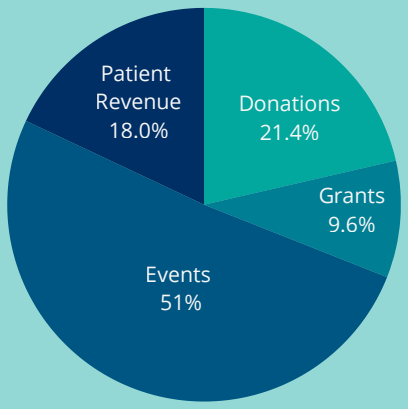
The Tower Foundation
$10,000

Farm Neck Foundation
$10,000
Respite and Prevention Program for Caregivers and Hospice Workforce

FINANCIAL REPORT

REVENUE

Patient Revenues	$177,002
Donations	$210,616
Grants	$94,769
Events	$500,247
TOTAL	**$982,634**



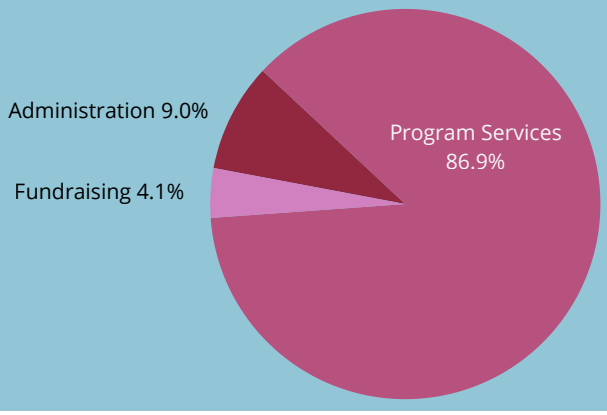
INVESTMENT PERFORMANCE

Balance as of Jan. 1	$6,915,307
Additions:	
Dividends, Interest & Capital Gains	$101,161
Net Unrealized Gains	($1,013,841)
Sub-total	**($912,680)**
Deductions:	
Management Fees	($17,907)
Net withdrawals to fund Operations	($1,645,429)
Total net deductions	**($1,663,336)**
Balance as of Dec. 31	**$4,339,291**

*These amounts are unaudited

EXPENSES

Program Services	$1,728,617
Administration	$179,942
Fundraising	$81,244
TOTAL	**$1,989,803**
Shortfall	($1,007,169)



TREASURER'S NOTES

In September 2022, we achieved our significant undertaking of becoming an island-based-and-staffed Medicare-certified hospice accredited by Community Health Accreditation Partner (CHAP). We began billing for service in October and generated $177,000 of patient revenues. We operated as if we were Medicare-certified throughout the year as mandated to allow the surveyors to test our regulatory required standards of practice and staffing levels before certifying us. Operating as if we were Medicare certified for three quarters without patient revenues contributed significantly to our operational shortfall. We expect our shortfall to decrease in 2023, with our patient census determining the magnitude of the decrease. Our non-patient revenue decreased slightly for the year, with events (Soirée, Golf Tournament) up considerably but more than offset by decreases in grants and donations. In early 2022, we moved $2 million out of marketable securities into money market funds to fund the anticipated losses and mute the effect of a volatile market. Our investments decreased $1,650,000 to fund operations and $930,000 associated with market performance – a 13.5% decrease from the opening balance. *-Alfred Woollacott III, Board Treasurer*

THANK YOU to our DONORS

Hospice & Palliative Care of Martha's Vineyard depends on the community for donations to support operations, patient and family care, bereavement, and other programming.

$100,000+

The Estate of Ralph C. Franklin

$10,000-$15,000

John C. Anderson
The Kathryn Goodman Foundation
Martha's Vineyard Bank
Paula and Andrew Smith
George and Joan Thomas
Anda Woodward and Richard Lindahl

$7,500-$10,000

Wiet and John Bacheller
Jim Feiner
Chris and Sheila Morse
Nancy K. Newman
Sandpiper Realty, Inc.
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$5,000-$7,500

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$1,000-$2,500

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John and Ann Ledden
Tara M. Ledden
Donald R. Leopold
Jean Lewellyn
Jean Lince
Sylvia Lipnick

$1,000-$2,500 cont.

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Paula Lyons
Alex MacDonald
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For a full list of 2022 donors, please see our website at https://hospiceofmv.org/2022-donors/

*To all of our 2022 donors, we appreciate your gifts. Please forgive any data entry errors that may exist on our list.

THANK YOU to our SPONSORS

2022 5K Memorial Road Race Sponsors

Community Sponsor
Tea Lane Associates

Compassion Sponsor
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Martha's Vineyard Bank

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Cape Cod 5
Chapman Funerals
Conroy Apothecary
Hutker Architect
Martha's Vineyard Engineering & Design
Martha's Vineyard Family Campground
Marzbanian Construction
Squash Meadow Construction

Comfort Sponsor
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Black Sheep
Burnham and Magnuson
Caleen's Day Spa
Giordano's Restaurant

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Platinum
Feiner Real Estate
Martha's Vineyard Bank
Sandpiper Realty
George and Joan Thomas
Michael and Randy Wertheimer
Anda Woodward and Richard Lindahl

Diamond
Peter and Rainy Goodale
Nancy K. Newman Charitable Fund
The St. John Family
The Tow Foundation

Gold
Diana Barrett & Bob Vila/The Fledgling Fund
Cape Cod 5
Trisha & Kevin Capone
Janice Casey & Rita Brown
Martha's Vineyard Hospital
Diane & Bob Nichols
Phyllis Segal
Mary Steenburgen & Ted Danson
The Woerdeman Financial Group/
Ameriprise Financial
Jill & Alfred Woollacott

Silver
Wiet & John Bacheller
Cheryl & Max Batzer
Deborah & Robert Bennett
Bonnie & Mark Berger
Jim & Pam Butterick
Curtis Sr. and Theresa Cetrulo
Carolyn Coverdale
Pamela & Bill Craven
Dianne & Tom Durawa
Janice Florin & Donald Barker
Mary Howell
Husch Blackwell, LLP
Jill & Ken Iscol
Stuart Katz & Jane Martin
Deborah & Joe Loughrey
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Sheila & Chris Morse
Barbara Magnuson Phillips
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Charlena & Harry Seymour
Michael Shalett
Francoise & Jay Theise
Scottie & Walter Vail
Vineyard Village at Home
Anne & Warren Vose
Brenda & Andrew Warshaw
Donna & Neil Weisman
Cathy & Timothy Wozniak

2022 Golf Classic Sponsors

Tournament Sponsors
The Isabel and Algernon M. Ellien Foundation
Harold and Jean Flack Family Fund
George and Joan Thomas
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Tee Sponsors
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Hal & Jean Flack Family
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Marzbanian Construction Co
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Tisbury Shell
TPS Audio/Candace DaRosa Interiors
Vineyard Hearth Patio & Spa
Vineyard Self Storage
Warren Electric
Gil Williams

Thank you to all 2022 Event Sponsors!
Please forgive any data entry errors that may exist on our list.

THANK YOU to our 2022 In-Kind DONORS

John C. Anderson
Atria
Robert Avakian
Nat and Pam Benjamin
Anne Besse-Shepherd
Michael Blanchard
The Boathouse & Field Club
The Boston Celtics
Cape Air
Debbie and Jim Carter
Catboat Charters
CB Stark
Classic Aviators, Ltd
Cronig's
Michael Cunniff
Margot Datz
Donaroma's
Dottie's Potties
Edgartown Golf Club
Farm Neck Golf Club
Fishsticks Charters
Food Minded Fellow
Frank Rapoza
David Ginsberg
Neva Goldstein
Johnny Graham
Greenwood House Inn
Grey Barn
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John Holladay
Island Classic Charters
Island Grown Initiative (IGI)
Lovango Resort
Lucky Hank's Restaurant and Cafe Inc.
Martha's Vineyard Film Society
Mink Meadows Golf Club
Morning Glory Farm
Morrice Florist
Orange Peel Bakery
The Pawnee House
Quitsa Catering
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Slough Farm
Edmund Smith
Sunnyside Rides
Sweet Bites
Vineyard Cash and Carry
Vineyard Golf Club
Vineyard Preservation Trust
Vineyard Vines
Warren and Anne Vose
YES Network
Yommi Superfood Bars

***This list includes in-kind donations valued at $500 or more. Thank you to all who have made in-kind donations to HPCMV.**

Why Your Donation Matters

Even though we are now Medicare certified, your generous donations are still extremely important to us. Medicare reimburses for a percentage of core hospice services, such as medication and equipment, but all of the extra, personalized "above and beyond," quality of life services that are part of HPCMV's mission will continue and will require continued philanthropic support. Your donations allow us to:

- Accept patients regardless of diagnosis, age, financial background, or insurance
- Continue to offer the Island's only comprehensive bereavement and counseling programs for all Islanders who are grieving a loss regardless if their loved ones died under our care or not
- Family caregiver support programs
- Operate our Palliative Care program and services that support patients and their families when they are not yet quite ready for hospice
- Continue to enhance, expand and develop new programming around our bereavement and counseling, legacy projects that celebrate a life lived well, alternative and complimentary therapies, professional education and expanded volunteerism opportunities

In Loving Memory of Dr. Robert Sarno

1945 – 2023

We are deeply saddened that Hospice & Palliative Care of Martha's Vineyard has lost a beloved member of its Board of Directors. Dr. Robert Sarno, Board Vice President, passed away on January 7th, 2023.

Dr. Sarno was a fierce advocate for Hospice and supported all our endeavors, without exception. He always brought a joyful presence when he visited our office. We looked forward to seeing him each week when he would meet with our Board President and Executive Director. He was a vital member of the Board of Directors, and we will remember and honor him for his contributions to our organization.

2023 Save the Dates

May 28: Memorial 5K Road Race

August 7: Summer Soirée

September 17: Bud Lamoreaux Golf Classic

December 9: Handmade from the Heart